

TITLE:

Do More Great Work

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#### PRF-RFADING

Why are you reading it? Was it a recommendation? What do you know about the topic? Flip through the book - is there anything that catches your eye?

I really enjoyed his other two books (The Coaching Habit and The Advice Trap) so wanted to read this one. I noticed it is written before the other two. The cover looks pretty plain and it's a different shaped book (more square than rectangle) but I like that there is colour on the pages as well as headings and subheadings; I find the pages visually appealing. There is a circle on the front which says "Stop the busywork and start the work that matters" which resonates with me.

### A-HA MOMENTS

What a-ha moments did you have when reading?

- p. 11 "You don't need to save the world. You do need to make a difference."
- p. 79 "Start taking note of the 'mosquitos' in your life" recognize what bugs you and see how you can reduce or replace those tasks and work
- "You can't do a project, you can only do the next step." David Allen (Getting Things Done); break my work into next steps (p. 162)

## **OUESTIONS**

What questions do you have after reading that you want to investigate?

- Can I flip my thinking on selling/networking to focus on "How can I help you?" to flip from transactional to relationships and to better align with my value Serve Others (p. 133)
- What is my Goldilocks Zone which "bumps up against the boundaries of 'too safe' and 'too risky'? P. 137

### CONNECTIONS

Can you relate what you read to another book, talk, podcast, topic?

- He talks about peak moments on p. 31 which relates to The Power of Moments. I can create more peak moments by doing more of what jazzes me and makes me feel like I am making a difference.
- Embrace adequacy (p. 85) we don't need to operate at "outstanding" in everything we do. This speaks a lot to perfectionist tendencies and can make it difficult to start

Accountability partners can be essential to moving the needle and getting things done (Simon Sinek video - we are more accountable to others than to ourselves)

# ACTIONABLE IDEAS

What are 2-3 actionable items that you can implement?

- Look at what I do and determine if it makes a difference and reduce that which does not
- Create a "Great Work" space where I can sit when I want to get out of good work and into great work mentality
- What things are on my job/task list that I can get rid of to make more time for Great Work?
- Read "Getting Things Done" by David Allen

# POST-READ REFLECTIONS

Did you like this book? Are there other books by this author or on this topic that you might want to read? Would you recommend it to someone? Is there something from this book you want to learn more about?

I liked this book, but not nearly as much as his other two.
I already think I do a lot of great work; work that matters to me and I've been working on not doing what I don't love, but there is always room to grow. I'm excited that as I start to build my leadership business, the great work / should grow even more.

